

Entrance Antiphon We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

Responsorial Psalm Do not forget the works of the Lord!

Gospel Acclamation Alleluia, alleluia!
We adore you, O Christ, and we praise you, because by your cross you have redeemed the world. Alleluia!

Communion Antiphon When I am lifted up from earth, I will draw everyone to myself, says the Lord..


ROSTERS - 20th/21st September 2025
Please arrange a swap if you are not available

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|------------------------|----------|
| Bemboka Sat 6pm | |
| Commentator | E Bevitt |
| Readers | S Berman |
| Cleaners | |

| | |
|------------------------|--------------------|
| Candelo Sat 6pm | |
| Commentator | L Thompson |
| Readers | K Dodds |
| Cleaners - Sept | Rosie & John Coman |

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|--------------------------|-----------------------|
| Tathra Sun 7:45am | |
| Commentator | Paul Gardiner |
| Readers | Eileen Corcoran |
| Cleaners | Pat Platts |
| Audio-Visual | Carleen Maley |
| Eucharistic Ministers | Trish Sly, Pat Platts |

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|------------------------|---------------------------|
| Bega Sun 9:30am | |
| Commentator | Mel Ferris |
| Readers | M Dessmann |
| Gifts | Volunteer |
| Music | Matt Heffernan |
| Acolyte | Noby Abraham |
| Eucharistic Ministers | C Tarlinton, D Koenigkamp |



For Sale: Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection.

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected. This approach is at the centre of all our thinking and actions. Parishioners are encourage to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)

St. Pat's Choir practices Thurs 5.15—6pm Contacts Mary 0428 471 012 or Matt 0429 338 348.

Meditation & Contemplative Prayer
Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.


Sunday Readings Reflection Group
Tuesday at 7pm Star of the Sea Tathra. All Welcome.

ROSARY - all are welcome.
Tathra - 7:20am before Sunday Mass
Bega - 9am before Sunday Mass

MENS' GROUP: 2nd & 4th Thursdays
St Patrick's Church.
Contact David Grainger: 0409 430 997

St Patrick's Sacramental Programme
Baptisms—During Mass, 1 month notice
Confirmation 2025— 8th June 2025
Weddings—by appoint, 6 months notice req. Please contact the Parish Office.

Syro-Malabar Mass 4th Wed of the Month 5pm Bega. Contact Lijoy 0469 341 965
സീറോ-മലബാർ കുർബാന
മാസത്തിലെ 4 ബുധനാഴ്ച
വൈകുന്നേരം 5 മണിക്ക് ബേഗ.
ബന്ധപ്പെടുക: ലിജോയ് 0469 341 965



Holy Cross - Year C **14th September 2025**

St. Patrick's Parish

St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo Star of the Sea, Tathra.


Fr. Adrian Chan. Parish Priest.
Mrs. Tanya Tomlinson, Parish Secretary.
Hrs 9-2 Tuesday & Thursday *Bulletin Deadline: Thurs 10:30am*
Safeguarding, Mrs. Emma Grant, Bega.Safeguarding@cg.org.au
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500
Lumen Christi Catholic College, Pambula. Mr. Shane Giles 6495 8888

Ph. 64921058
PO. Box 6. Bega. NSW 2550.
Email: Bega@cg.org.au
Website: <http://cg.org.au/bega/>
Facebook: St Patricks Bega

We acknowledge the Djirringanj People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge & respect their continuing culture & the contribution they make to the life of the Bega Valley.

Triumph

Today's feast of the exaltation or triumph of the Holy Cross is not like Good Friday. Our focus is not so much on the sufferings of Jesus. Rather, we celebrate what the gospel reading refers to as the lifting up of the Son of Man. The term 'lifting up' suggests not just his being lifted up physically on the cross but also his being lifted up in glory. There are some depictions of the cross which highlight this double sense of Jesus being lifted up, where the body of Jesus on the cross is almost glorified. You may be familiar with the cross of San Damiano in Assisi. When Saint Francis was praying before it, he heard the Lord call on him to rebuild the church. The image of Jesus that is painted on that cross has a glorious, luminous, quality. It is this kind of depiction of the cross that reflects the meaning of today's feast, which is the feast of the triumph or exaltation of the cross.



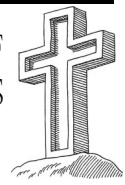
In what sense was the crucifixion of Jesus a triumph?
It was firstly the triumph of love over hatred, the triumph of God's love over human sin. All authentic love is life-giving and God's love is supremely life-giving.

That is why the crucifixion of Jesus was a triumph in another sense, the triumph of life over death, of God's life over human death, a triumph in which we can all share. That verse in today's gospel reading which has spoken to believers down the centuries really sums up the meaning of today's feast, '*God loved the world so much that he gave his only Son, so that everyone who believes may have eternal life in him*'.

Today we are invited to look upon the cross as the 'explosion of God's life-giving love for us all' and then to allow ourselves to be drawn into that love so that we can reflect it to others through our lives.


Fr Michael Hogan.

THE EXALTATION OF THE HOLY CROSS




Safeguarding Sunday


We are safe, hope-filled and welcoming church



Father's Day Appeal for retired clergy. Thank you for your generosity (over \$700) and thoughtfulness to the 23 retired priests of the Archdiocese. Envelopes are still available at the entrance. Donations over \$2 are tax deductible.

Parish News: ✠ From 6th September the Saturday Vigil Masses at Candelo & Bemboka returns to **6pm**. ✠ The work on the confessional in Bega is complete. The confessional is now open for anonymous confessions.

 **Vinnies News:** There will be a leaving collection after Mass on Sunday 28th September for the Bega SVDP Conference. This collection is to support us in our Twinning program, an initiative called the Overseas Partnership Program. The Bega Conference is twinned with a conference in India, Tamil Nadu region. Funds raised from this collection will be sent to our Twin conference to assist them in their good works.

 **St Patrick's Primary News:** ✠ Enrolling now - All grades including kinder 2026. For further details and to book an appointment contact the school office 6492 5500.

✠ Dance Concert - 'This is Me' Wednesday 24th Sept. 12noon. Thursday 25th September 6pm. This vibrant performance will showcase the creativity, confidence, and joy of our students through dance. Tickets \$5. To purchase: <https://compasstix.com/e/xrs9o0i4r6>

Save the Date! *An Afternoon of Taizé* Sunday 16th November 2pm Star of the Sea Tathra. An Ecumenical contemplative prayer service.

Marian Procession 2025: 26th October, Goulburn, start 8am.

Spirituality of Synodality

Synodality is a Spiritual Disposition.

Synodality is not about governance, meetings of structures. It is a way of living our faith and mission, guided by the Holy Spirit in every part of life.

Reflection: How do I invite the Holy Spirit into my everyday life?

Prayer: Holy Spirit, guide me to live each day close to You.

You're Invited - after mass

✠ *Tathra* - Breakfast 2nd Sunday of the Month

✠ *Bega* - Morning Tea last Sunday of the Month

All Welcome. Please bring a friend.

Sacrament of Penance/Reconciliation

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|----------------|-----------------------|
| <i>Bega</i> | Saturday, 9.40 - 10am |
| <i>Bemboka</i> | before vigil Mass |
| <i>Candelo</i> | before vigil Mass |
| <i>Tathra</i> | before Sunday Mass |

Fr Adrian Contact: Mobile: 0411 676 064
Email: Adrian.Chan@cg.org.au

Sunday Mass Times

➤ *Bemboka* - Saturdays - 6pm Vigil
➤ *Candelo* - Saturdays - 6pm Vigil 1st, 3rd, 5th
- Sundays - 9:30am liturgy 2nd, 4th
➤ *Tathra* - Sundays - 7.45am Mass
➤ *Bega* - Sundays - 9.30am Mass
- 4th Sunday- 9:30am Family Mass

Weekdays

➤ Tuesday 4.00pm Bega Chapel
➤ Wednesday 9.00am Tathra.
➤ Thursday 9.15am Bega Chapel
➤ *Hillgrove House 3rd Thursday 3pm*
➤ Friday 9.15am Bega Chapel
4:30-5:30pm Bega 'Holy Hour of Mercy'
➤ Saturday 9.15am Bega Church

RECENTLY DECEASED: Elaine Sawtell, Alan Crawford, Kath Lindwall, Sue Gardiner

ANNIVERSARIES Heather Pook, Bernard Collins, Tyler Finucane, Clare Finucane

14th - The Exaltation of the Holy Cross.

15th - Our Lady of Sorrows.

16th - St Cornelius Pope, Martyr & **St Cyprian**, Bishop, Martyr. Died 250's. St Cornelius, supported by Cyprian, he defended the power of the Church to reconcile those who had lapsed under persecution.

17th - St Hildegard of Bingen, virgin, doctor 1098-1179. German Benedictine abbess, polymath, writer, composer, visionary, mystic and philosopher. She wrote in the fields of theology, botany and medicine as well as writing poems, chants, letters and liturgical antiphons.

17th - St Robert Bellarmine, Bishop, Doctor of the Church 1542-1621 A Jesuit remembered for his dedication to the truth, his charity in disputation, and his austerity of life

19th - St Januarius, Bishop, Martyr.

20th - St Andrew Kim Tae-gon, Priest, Martyr, **St Paul Chong Ha-sang & Companions**, Martyrs. After more than two centuries of lay leadership, the Church in Korea was subject to fierce persecutions between 1839 and 1867. This feast commemorates 103 of the numerous Korean martyrs.



Minute Meditations - St. Francis and the Cross

Francis always mentioned humility in the same breath with poverty. In a sense, they are the same: personally doing without. This is a fact, because all that we have is from God. This is an ideal, because we want to be without everything but God. Some of the most striking things Francis said concern humility: "A man is what he is in the sight of God and nothing more." "The better a man really is, the worse he feels himself to be." The more we appreciate God's gifts and unending generosity, the more we become conscious of refusing to admit this and spoiling God's precious gifts.

As with St. Paul, the only thing Francis would take pride in was the "cross of Christ."

- from Franciscan Media's "Humility: The Twin of Poverty" by Jovian Weigel, OFM

Safeguarding Sunday 14th September

Today we are gathered on Safeguarding Sunday, a day when we pause to focus on our responsibility to protect and care for those who are vulnerable. In the Bible, we find a clear and strong message about justice, compassion, and speaking up for those who cannot speak for themselves. We are called to be a safe, welcoming and hope-filled church.

In our everyday lives, let's be mindful of those around us who are vulnerable or marginalised. Who are the "silent" ones in our society, the ones without a voice? Today, God may be calling you to stand up for them. Whether it's through prayer, support, or direct action, we are invited to participate in God's work of justice

